

| A-level Psychology encourages students to:  |
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| <ul> <li>develop essential knowledge and understanding of different areas of the subject and how they relate to each other</li> </ul>                 |
| <ul> <li>develop and demonstrate a deep appreciation of the skills, knowledge and understanding of scientific methods</li> </ul>                      |
| <ul> <li>develop competence and confidence in a variety of practical, mathematical and problem solving skills</li> </ul>                              |
| • develop their interest in and enthusiasm for the subject, including developing an interest in further study and careers associated with the subject |
| • understand how society makes decisions about scientific issues and how the sciences contribute to the success of the economy and society            |
| There are 3 Assessment Objectives in Psychology   |
| AO1: Demonstrate knowledge and understanding of scientific ideas, processes, techniques and procedures.   |
| AO2: Apply knowledge and understanding of scientific ideas, processes, techniques and procedures:   |
| • in a theoretical context  |
| • in a practical context  |
| when handling qualitative data  |
| when handling quantitative data.  |
| AO3: Analyse, interpret and evaluate scientific information, ideas and evidence, including in relation to issues, to:                                 |
| <ul> <li>make judgements and reach conclusions</li> </ul>   |
| <ul> <li>develop and refine practical design and procedures.</li> </ul>   |

# Teacher 1 (60% of timetabled lessons) and Teacher 2 (40% of timetabled lessons)

| <b>Yr12</b> (KS5) | Topic Area                                 | Knowledge/Skills that are taught  | Knowledge/Skills revisited  | What does good look like?  | Resources/support<br>at home   |
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| Autumn 1          | Approaches in<br>Psychology<br>(teacher 1) | Introductory lessons on Psychology as<br>a Science, the scientific method and<br>the historical and philosophical<br>assumptions of Psychology with<br>different approaches.<br>Origins of Psychology<br>• Learning approaches: | Knowledge of the <b>Research</b><br><b>Methods terminology</b> plus<br>Behaviourist, Biological and<br>Cognitive approaches are<br>fundamental to the course and<br>constantly revisited. | Ability to outline an approach,<br>using specific terminology and<br>examples of research. Being able<br>to evaluate the approach based<br>on its generalisability, reliability,<br>application to the real world,<br>validity and ethics. | Resources to support<br>students independent<br>learning are all shared<br>via the google<br>classroom platform<br>under the module:<br>Essential links. |



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| Research<br>Methods in<br>Psychology<br>(teacher 2) | <ul> <li>i) the behaviourist approach, classical and operant conditioning, types of reinforcement; Skinner's research</li> <li>ii) social learning theory the role of mediational processes and Bandura's research.</li> <li>The cognitive approach: the study of internal mental processes, schema, the use of theoretical and computer models to explain and make inferences about mental processes. The emergence of cognitive neuroscience.</li> <li>The psychodynamic approach: the role of the unconscious, the structure of personality, that is Id, Ego and Superego defence mechanisms including repression, denial and displacement, psychosexual stages.</li> <li>Humanistic Psychology: free will, self-actualisation and Maslow's hierarch of needs, focus on the self, congruence, the role of conditions of worth. The influence on counselling Psychology.</li> <li>Comparison of approaches.</li> </ul> |   | Being able to compare all of the five approaches and detect similarities and differences. To be confident in using specialist terminology in Research Methods, for exmaple, IV's and DV's. To be able to evaluate different research designs and methods. | These include:<br>The specification<br>The Year 2 digital<br>textbook<br>The year 1 digital<br>textbook<br>Past Papers Resources<br>Model Answers<br>Tutor2U Website<br>Powerpoints from the<br>lesson (posted on<br>google classroom)<br>Journals for extension<br>(available on the<br>shared drive and<br>google classroom) |
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|          |  | <ul> <li>Self-report techniques.</li> <li>Questionnaires; interviews, structured<br/>and unstructured.</li> <li>Correlations. Analysis of the<br/>relationship between co-variables. The<br/>difference between<br/>correlations and experiments.</li> <li>Self-report techniques.</li> <li>Questionnaires; interviews, structured<br/>and unstructured.</li> <li>Correlations. Analysis of the<br/>relationship between co-variables. The<br/>difference between<br/>correlations and experiments.</li> </ul>   |   |  |  |
| Autumn 2 | Psychopathology<br>(teacher 1)<br>Research<br>Methods<br>(teacher 2) | <ul> <li>Definitions of abnormality, including deviation from social norms, failure to function adequately, statistical infrequency and deviation from ideal mental health.</li> <li>The behavioural, emotional and cognitive characteristics of phobias, depression and obsessive compulsive disorder (OCD).</li> <li>The behavioural approach to explaining phobias: the two-process model, including classical and operant conditioning;</li> <li>The behavioural approach to treating phobias: systematic desensitisation, including relaxation and use of hierarchy; flooding.</li> </ul> | Knowledge of the <b>Research</b><br><b>Methods terminology</b> plus<br>Behaviourist, Biological and<br>Cognitive approaches are<br>fundamental to the course and<br>constantly revisited.<br>Knowledge of approaches is<br>explicitly revisited when<br>looking at explanations and<br>treatments for phobias,<br>depression and OCD. | Being able to understand how the<br>approaches are used to explain<br>the cause and treatment for<br>depression, OCD and phobias.<br>To be able to apply a treatment to<br>a case study.<br>To be able to evaluate cause and<br>effect.<br>To show knowledge and<br>evaluation of different<br>treatments. | The specificationThe Year 2 digitaltextbookThe year 1 digitaltextbookPast Papers ResourcesModel AnswersTutor2U WebsitePowerpoints from thelesson (posted ongoogle classroom)Journals for extension(available on theshared drive andgoogle classroom) |

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|          |  | <ul> <li>histograms.</li> <li>Distributions: normal and skewed<br/>distributions; characteristics of normal<br/>and skewed<br/>distributions.</li> <li>Analysis and interpretation of<br/>correlation, including correlation<br/>coefficients.</li> <li>Levels of measurement: nominal,<br/>ordinal and interval.</li> <li>Content analysis and coding.<br/>Thematic analysis.</li> </ul>   |   |  |  |  |  |
| Spring 1 | Biopsychology<br>(teacher 1)                               | • The divisions of the nervous system:<br>central and peripheral (somatic and<br>autonomic).  | Knowledge of the <b>Research</b><br><b>Methods terminology</b> plus<br>Behaviourist, Biological and   | To be able to label diagrams of the brain, the CNS and PNS.  | <u>The specification</u><br><u>The Year 2 digital</u><br><u>textbook</u>   |  |  |
|          | Research<br>Methods<br>(teacher 2)                         | <ul> <li>The structure and function of sensory, relay and motor neurons.</li> <li>The process of synaptic transmission, including reference to neurotransmitters, excitation and inhibition (and summation).</li> <li>The function of the endocrine system: glands and hormones.</li> <li>The fight or flight response including the role of adrenaline.</li> <li>Localisation of function in the brain: motor, somatosensory, visual, auditory and language centres;</li> <li>Hemispheric lateralisation: Broca's</li> </ul> | Cognitive approaches are<br>fundamental to the course and<br>constantly revisited.<br>Knowledge of key studies from<br>the Approaches,<br>Psychopathology and Memory<br>sections will be revisited when<br>examining the relevant<br>research methods that were<br>used in the named and extra<br>studies used to evaluate in<br>these modules. | To know the different parts of a<br>neuron and to be able to explain<br>the process of synaptic<br>transmission.<br>To evaluate the effectiveness of<br>different ways of studying the<br>brain.<br>To be able to read at a research | The year 1 digital<br>textbook<br>Past Papers Resources<br>Model Answers<br>Tutor2U Website<br>Powerpoints from the<br>lesson (posted on<br>google classroom)<br>Journals for extension<br>(available on the<br>shared drive and |  |  |
|          |  | and Wernicke's areas, split brain research.   |   | journal in Psychology and ascertain the different  | google classroom)  |  |  |

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|  | <ul> <li>Plasticity and functional recovery of<br/>the brain after trauma.</li> <li>Ways of studying the brain: scanning<br/>techniques, including functional<br/>magnetic resonance imaging (fMRI);<br/>electroencephalogram (EEGs) and<br/>event-related potentials (ERPs);<br/>post-mortem examinations.</li> <li>Biological rhythms: circadian,<br/>infradian and ultradian and the<br/>difference between these rhythms.</li> <li>The effect of endogenous<br/>pacemakers and exogenous zeitgebers<br/>on the sleep/wake cycle.</li> </ul>  |  | components, for example, the<br>abstract as opposed to the<br>introduction. To be able to know<br>the format of academic<br>referencing. |  |  |
|  | <ul> <li>Content analysis.</li> <li>Case studies.</li> <li>Reliability across all methods of<br/>investigation. Ways of assessing<br/>reliability: test-retest and inter-observer<br/>improving reliability.</li> <li>Types of validity across all methods of<br/>investigation: face validity, concurrent<br/>validity, ecological validity and temporal<br/>validity. Assessment of validity.</li> <li>Improving validity.</li> <li>Features of science: objectivity and the<br/>empirical method; replicability and<br/>falsifiability; theory construction and<br/>hypothesis testing; paradigms and<br/>paradigm shifts.</li> </ul> |  |  |  |  |



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|          |  | <ul> <li>Reporting psychological investigations<br/>Sections of a scientific report: abstract,<br/>introduction, method, results, discussion<br/>and referencing.</li> <li>Statistical testing; the sign test.</li> <li>When to use the sign test; calculation<br/>of the sign test.</li> </ul>   |  |   |  |
| Spring 2 | Memory<br>(teacher 1)<br>Attachment<br>(teacher 2) | <ul> <li>The multi-store model of memory:<br/>sensory register, short-term memory<br/>and long-term memory. Features of<br/>each store: coding, capacity and<br/>duration.</li> <li>Types of long-term<br/>memory: episodic, semantic,<br/>procedural.</li> <li>The working memory<br/>model: central executive, phonological<br/>loop, visuo-spatial sketchpad and<br/>episodic buffer. Features of the model:<br/>coding and capacity.</li> <li>Explanations for<br/>forgetting: proactive and retroactive<br/>interference and retrieval failure due<br/>to absence of cues.</li> <li>Factors affecting<br/>the accuracy of eyewitness testimony:<br/>misleading information, including<br/>leading questions and post-event<br/>discussion; anxiety.</li> <li>Improving the<br/>accuracy of eyewitness testimony,<br/>including the use of the cognitive<br/>interview</li> <li>Caregiver-infant interactions in<br/>humans: reciprocity and interactional</li> </ul> | Knowledge of the <b>Research</b><br><b>Methods terminology</b> plus<br>Behaviourist, Biological and<br>Cognitive approaches are<br>fundamental to the course and<br>constantly revisited.<br>Knowledge of key studies from<br>the Approaches,<br>Psychopathology and Memory<br>sections will be revisited when<br>examining the relevant<br>research methods that were<br>used in the named and extra<br>studies used to evaluate in<br>these modules.<br>The attachment unit contains<br>elements of cognitive<br>psychology, specifically the<br>role of schema and how<br>biologists would argue that<br>attachment style is as also<br>related and influenced by the | To be able to draw different<br>memory models<br>To refer back to the cognitive<br>approach when learning about<br>memory<br>To be able to infer results from<br>memory research and use these<br>to evaluate the effectiveness of<br>different memory models<br>To be able to identify the<br>different approaches in learning<br>about relationships<br>To be able to understand the<br>process of research used in<br>relationship studies and evaluate<br>the design and methods used in<br>that research | The specification<br>The Year 2 digital<br>textbookThe year 1 digital<br>textbookThe year 1 digital<br>textbookPast Papers Resources<br>Model Answers<br>Tutor2U WebsitePowerpoints from the<br>lesson (posted on<br>google classroom)Journals for extension<br>(available on the<br>shared drive and<br>google classroom) |

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|          |  | <ul> <li>synchrony. Stages of attachment<br/>identified by Schaffer. Multiple<br/>attachments and the role of the father.</li> <li>Animal studies of attachment:<br/>Lorenz and Harlow.</li> <li>Explanations of<br/>attachment: learning theory and<br/>Bowlby's monotropic theory. The<br/>concepts of a critical period and an<br/>internal working model.</li> </ul>                             | biological temperament of the the infant and caregiver.  |  |  |  |
| Summer 1 | Memory<br>(teacher 1)  | • Explanations for forgetting:<br>proactive and retroactive interference<br>and retrieval failure due to absence of  | Knowledge of the Research<br>Methods terminology plus<br>Behaviourist, Biological and  |  |  |  |
|          | cues. • Factors affecting the accuracy<br>of eyewitness testimony: misleading<br>information, including leading<br>questions and post-event discussion;<br>anxiety. • Improving the accuracy of<br>eyewitness testimony, including the<br>use of the cognitive interview | Cognitive approaches are<br>fundamental to the course and<br>constantly revisited.<br>The memory unit is a cognitive<br>psychological module so there<br>are links into this approach and<br>the methods used to evaluate<br>cognitive psychology.   |  |  |  |  |
|          |  | <ul> <li>Ainsworth's 'Strange Situation'.<br/>Types of attachment: secure,<br/>insecure-avoidant and<br/>insecure-resistant. Cultural variations<br/>in attachment, including van<br/>Ijzendoorn.</li> <li>Bowlby's theory of<br/>maternal deprivation. Romanian<br/>orphan studies: effects of<br/>institutionalisation.</li> <li>The influence of<br/>early attachment on childhood and</li> </ul> | The memory unit is a cognitive<br>psychological module so there<br>are links into this approach and<br>the methods used to evaluate<br>cognitive psychology<br>The attachment unit contains<br>elements of cognitive<br>psychology, specifically the<br>role of schema and how |  |  |  |



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|          |  | adult relationships, including the role of an internal working model.   | biologists would argue that<br>attachment style is as also<br>related and influenced by the<br>biological temperament of the<br>the infant and caregiver.  |  |  |  |  |
| Summer 2 | Social Influence<br>(teacher 1)<br>Revision<br>(teacher 2) | <ul> <li>Types of conformity: internalisation, identification and compliance.</li> <li>Explanations for conformity: informational social influence and normative social influence,</li> <li>The variables affecting conformity including group size, unanimity and task difficulty as investigated by Asch.</li> <li>Conformity to social roles as investigated by Zimbardo.</li> <li>Explanations for obedience: agentic state and legitimacy of authority,</li> <li>The situational variables affecting obedience including proximity uniform and location as investigated by Milgram.</li> <li>Dispositional explanation for obedience: the Authoritarian Personality.</li> <li>Explanations of resistance to social influence, including social support (situational) and locus of control.(dispositional)</li> <li>Minority influence including reference to consistency, commitment and flexibility.</li> </ul> | Biopsychology revisits all<br>knowledge about biological<br>approach and biological<br>explanations and treatments<br>for OCD. It covers some<br>content that is on the GCSE<br>science curriculum. It will be<br>necessary to know the<br>biological approach for<br>Schizophrenia. | To be able to make connections<br>between different approaches<br>and research methods in<br>understanding social influence<br>To be able to describe a piece of<br>research used in social influence<br>and to evaluate the design and<br>methods used in that research<br>To draw together all aspects of<br>the course so far and use this<br>knowledge and understanding to<br>develop responses to exam<br>questions. | Powerpoints from the<br>lesson (posted on<br>google classroom)<br>Journals for extension<br>(available on the<br>shared drive and<br>google classroom) |  |  |

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| Yr13 (KS5) | Topic Area                   | Knowledge/Skills that are taught  | Knowledge/Skills revisited   | What does good look like?   | Resources/support<br>at home   |
| Autumn 1   | Schizophrenia<br>(teacher 1) | <ul> <li>Classification of schizophrenia.</li> <li>Symptoms of schizophrenia</li> <li>The anti-psychiatry movement and<br/>its influence on attitudes towards Sz</li> </ul>   | Knowledge of the <b>Research</b><br><b>Methods terminology</b> plus<br>Behaviourist, Biological and<br>Cognitive approaches are  | To refer back to approaches when<br>describing causes and treatments<br>for Schizophrenia   | <u>The specification</u><br><u>The Year 2 digital</u><br><u>textbook</u><br>The year 1 digital   |
|            | Relationships<br>(teacher 2) | <ul> <li>Reliability and validity in diagnosis<br/>and classification of schizophrenia, •<br/>Biological explanations for<br/>schizophrenia: genetics and neural<br/>correlates, including the dopamine<br/>hypothesis. • Psychological<br/>explanations for schizophrenia: family<br/>dysfunction and cognitive<br/>explanations • Drug therapy: typical<br/>and atypical antipsychotics.</li> <li>The evolutionary explanations for<br/>partner preferences, including the<br/>relationship between sexual selection<br/>and human reproductive behaviour. •<br/>Factors affecting attraction in romantic<br/>relationships: self-disclosure; physical<br/>attractiveness, including the matching<br/>hypothesis; filter theory, including<br/>social demography, similarity in<br/>attitudes and complementarity.</li> </ul> | fundamental to the course and<br>constantly revisited.<br>Knowledge of approaches is<br>explicitly revisited when<br>looking at explanations and<br>treatments for schizophrenia<br>from the biological and<br>cognitive approaches. | To be able to critique the<br>language of diagnosis in<br>psychological disorders<br>To contextualise the psychological<br>view of Sz by learning about the<br>anti-psychiatry movement<br>To be able to evaluate one<br>approach against another<br>approach in understanding the<br>causes and treatments of Sz | Intervention         textbook         Past Papers Resources         Model Answers         Tutor2U Website         Powerpoints from the         lesson (posted on         google classroom)         Journals for extension         (available on the         shared drive and         google classroom) |

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| Autumn 2 | Sz<br>(teacher 1)<br>Relationships<br>(teacher 2) | <ul> <li>Cognitive behaviour therapy and<br/>family therapy as used in the<br/>treatment of schizophrenia. • Token<br/>economies as used in the<br/>management of schizophrenia. • The<br/>interactionist approach; the<br/>diathesis-stress model.</li> <li>Theories of romantic relationships:<br/>social exchange theory, equity theory<br/>and Rusbult's investment model of<br/>commitment, satisfaction, comparison<br/>with alternatives and investment.<br/>Duck's phase model of relationship<br/>breakdown: intra-psychic, dyadic,<br/>social and grave dressing phases. •<br/>Virtual relationships in social media:<br/>self-disclosure in virtual relationships;<br/>effects of absence of gating on the<br/>nature of virtual relationships. •<br/>Parasocial relationships; the<br/>absorption addiction model and the<br/>attachment theory explanation.</li> </ul> | Knowledge of the <b>Research</b><br><b>Methods terminology</b> plus<br>Behaviourist, Biological and<br>Cognitive approaches are<br>fundamental to the course and<br>constantly revisited.<br>Knowledge of approaches is<br>explicitly revisited when<br>looking at explanations and<br>treatments for schizophrenia<br>from the biological and<br>cognitive approaches.<br>Theories in relationships tend<br>to come from either the<br>cognitive or biological<br>perspectives and can be<br>evaluated accordingly. | Identify and elaborate on at least<br>one detailed strength and one<br>detailed limitation for each sub<br>section of Relationships.<br>To ensure a variety of analytical<br>points are made where students<br>draw upon different areas of the<br>specification e.g issues and<br>debates, methodology, ethics as<br>well as specific research that<br>provide a strength/limitation<br>That students understand the<br>question posed and are providing<br>relevant content for that<br>question. Sections of<br>Relationships are similar e.g<br>'factors affecting' and 'theories<br>of'. Use of past papers and mark<br>schemes can help here.<br>A firm understanding of the<br>specialist terminology in this area<br>Effectively applying theoretical<br>content to a novel, everyday<br>situation posed by examiners. | The specification<br>The Year 2 digital<br>textbook<br>The year 1 digital<br>textbook<br>Past Papers Resources<br>Model Answers<br>Tutor2U Website<br>Powerpoints from the<br>lesson (posted on<br>google classroom)<br>Journals for extension<br>(available on the<br>shared drive and<br>google classroom) |
| Spring 1 | Issues and Debates<br>(teacher 1)                 | <ul> <li>Gender and culture in Psychology –<br/>universality and bias.</li> <li>Free will and<br/>determinism: hard determinism and</li> </ul>  | The issues and debates<br>module explicitly revisits all<br>the approaches learnt in both  |  | Powerpoints from the<br>lesson (posted on<br>google classroom)   |



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|      | Aggression<br>(teacher 2) | <ul> <li>soft determinism; biological,<br/>environmental and psychic<br/>determinism. The scientific emphasis<br/>on causal explanations. • The<br/>nature-nurture debate • Holism and<br/>reductionism: levels of explanation in<br/>Psychology. Biological reductionism<br/>and environmental<br/>(stimulus-response) reductionism. •<br/>Idiographic and nomothetic<br/>approaches to psychological<br/>investigation. • Ethical implications of<br/>research studies and theory, including<br/>reference to social sensitivity.</li> <li>Social psychological explanations of</li> </ul> | year 1 and year 2 as well as the<br>evaluatory difference between<br>them.<br>Theories in aggression tend to<br>come from either the cognitive<br>or biological perspectives and<br>can be evaluated accordingly. | Identify and elaborate on at least<br>one detailed strength and one<br>detailed limitation for each sub<br>section of Aggression.<br>To ensure a variety of analytical<br>points are made where students<br>draw upon different areas of the<br>specification e.g issues and<br>debates, methodology, ethics as<br>well as specific research that<br>provide a strength/limitation<br>To understand the difference<br>between Evolutionary theories of | Journals for extension<br>(available on the<br>shared drive and<br>google classroom) |
|      |                           | human aggression, including the<br>frustration-aggression<br>hypothesis, social learning theory as<br>applied to human aggression, and<br>de-individuation.<br>• Institutional aggression in the<br>context of prisons: dispositional and<br>situational explanations.<br>• Media influences on aggression,<br>including the effects of computer<br>games. The role of<br>desensitisation, disinhibition and<br>cognitive priming.   |   | aggression and Ethological<br>theories. Students confuse<br>content here.<br>Use specialist terminology and<br>key concepts appropriately<br>Effective application of theory to<br>real life situations.<br>To be able to describe the nature<br>and structure of the limbic system<br>in relation to aggression   |  |



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| Spring 2   | RM in context<br>(teacher 1)<br><br>Aggression<br>(teacher 2) | <ul> <li>Revision of all RM by looking at numerous studies in all topics</li> <li>Neural and hormonal mechanisms in aggression, including the roles of the limbic system, serotonin and testosterone. Genetic factors in aggression, including the MAOA gene.</li> <li>The ethological explanation of aggression, including reference to innate releasing mechanisms and fixed action patterns. Evolutionary explanations of human aggression.</li> </ul> | Students' understanding of<br>research methods, gained<br>through classroom experience<br>of practical<br>Psychology, will be assessed<br>using familiar scenario-based<br>question style and research<br>methods questions embedded<br>in topics | To be able to analyse a piece of<br>research in psychology and<br>identify all the correct<br>components of it. To be able to<br>read critical values in inferential<br>statistics | Powerpoints from the<br>lesson (posted on<br>google classroom)<br>Journals for extension<br>(available on the<br>shared drive and<br>google classroom) |  |  |  |  |
| Summer 1   | Revision  |   |   |  |  |  |  |  |  |
| Summer 2   | Exams   | Exams   |   |  |  |  |  |  |  |